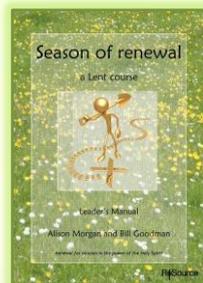


Season of Renewal – a Lent course for groups

by Revd Dr Alison Morgan and Revd Bill Goodman

Lent is the spring-time of the church's year. It is the season of renewal - John Moses

Season of Renewal is our popular Lent course, now in its fourth printing. Combining traditional elements with a fresh approach, it is ideal for groups and churches who want something a little different which will act as a stimulus for future growth. The course material is contained in a Leader's Manual, with an accompanying Member's booklet containing brief notes and a pattern of spiritual exercises to follow during the week. The Leader's Manual includes notes on the history and meaning of Lent as well as suggestions for how to tie the course into the liturgical pattern of the church.



The course itself is divided into 6 sessions - 5 for the weeks between Ash Wednesday and Maundy Thursday, and one final session for the week after Easter, structured round a shared meal. Each session includes creative and practical elements as well as a focus on scripture and some times of prayer. Participation in the course will bring about significant spiritual growth both for course members and in the life of the church of which they form part, and various suggestions are offered for how to maintain the impetus which has been created.

Comments from those who have used the course:

Our five Lent Fellowship Groups have all responded enthusiastically to 'Season of Renewal'. The music and 'arty bits' were movingly effective. It is wonderful to have a course which is "Into God" rather than "About God" - Revd Matthew Grayshon, Hanwell

"It was unanimously agreed that it had been the most inspiring and helpful Lent course we had ever shared in" – Canon John Gunstone

Season of Renewal is available from The Mathetes Trust
www.mathetestrust.org